



1  
00:00:12,350 --> 00:00:09,410  
today we welcome dr. Julie by she'll to

2  
00:00:14,990 --> 00:00:12,360  
skeptical Oh Julie is the co-founder and

3  
00:00:17,779 --> 00:00:15,000  
director of research at the wind bridge

4  
00:00:21,560 --> 00:00:17,789  
Research Center which really is the

5  
00:00:25,220 --> 00:00:21,570  
preeminent organisation for the study of

6  
00:00:27,830 --> 00:00:25,230  
mediums and mediumship in the world and

7  
00:00:29,839 --> 00:00:27,840  
as we just talked about for one hour

8  
00:00:33,319 --> 00:00:29,849  
because I forgot to press the record

9  
00:00:35,000 --> 00:00:33,329  
button there's really two sides to

10  
00:00:38,209 --> 00:00:35,010  
saying that there's a good and a bad

11  
00:00:41,900 --> 00:00:38,219  
side that this little research center

12  
00:00:45,590 --> 00:00:41,910  
that Julie has started and kind of

13  
00:00:47,569 --> 00:00:45,600

nurtured along for so long is really the

14

00:00:50,540 --> 00:00:47,579

best there is in the world it's a great

15

00:00:53,569 --> 00:00:50,550

testament to her and what she's done but

16

00:00:57,529 --> 00:00:53,579

it also is a little bit of a statement

17

00:01:00,790 --> 00:00:57,539

about where we are in general in trying

18

00:01:03,770 --> 00:01:00,800

to get a better handle on survival and

19

00:01:06,710 --> 00:01:03,780

consciousness studies that kind of go

20

00:01:10,160 --> 00:01:06,720

against the mainstream neurological

21

00:01:12,980 --> 00:01:10,170

model that is rigidly holding on to its

22

00:01:14,740 --> 00:01:12,990

position so Julie is also I should

23

00:01:16,910 --> 00:01:14,750

mention the author of several books

24

00:01:19,670 --> 00:01:16,920

related to this topic that you can find

25

00:01:22,910 --> 00:01:19,680

on Amazon and she's just a great guest

26

00:01:25,880 --> 00:01:22,920

and a great friend Julie welcome back to

27

00:01:27,289 --> 00:01:25,890

skeptical for for a third time because

28

00:01:28,429 --> 00:01:27,299

we just didn't interview a minute ago

29

00:01:30,170 --> 00:01:28,439

yeah we did

30

00:01:32,270 --> 00:01:30,180

there's a lovely hour we just spent

31

00:01:34,640 --> 00:01:32,280

together I'm pleased to be here thanks

32

00:01:36,590 --> 00:01:34,650

for having me yes it isn't and now see

33

00:01:39,039 --> 00:01:36,600

you took all the venom out of me so now

34

00:01:44,600 --> 00:01:39,049

I have to be nice this time too so I

35

00:01:46,789 --> 00:01:44,610

guess that's the price I must pay so as

36

00:01:49,010 --> 00:01:46,799

I told folks you know the the real

37

00:01:53,080 --> 00:01:49,020

impetus for this interview was that I

38

00:01:56,209 --> 00:01:53,090

got an email from you about this

39

00:01:58,340 --> 00:01:56,219

organizational change at Windridge that

40

00:02:01,399 --> 00:01:58,350

I think it's kind of interesting to tell

41

00:02:04,520 --> 00:02:01,409

people about because the refocus that

42

00:02:07,399 --> 00:02:04,530

you have is really wonderful I think in

43

00:02:09,559 --> 00:02:07,409

some important ways so let's start my

44

00:02:11,660 --> 00:02:09,569

first of all before we jump ahead into

45

00:02:13,910 --> 00:02:11,670

that for folks who don't know tell

46

00:02:15,290 --> 00:02:13,920

people a little bit about yourself

47

00:02:16,220 --> 00:02:15,300

about your background a lot of people

48

00:02:17,930 --> 00:02:16,230

know because they've listened to

49

00:02:20,360 --> 00:02:17,940

sceptical before or because they've just

50

00:02:24,500 --> 00:02:20,370

heard you other places but for those who

51  
00:02:28,750 --> 00:02:24,510  
don't give us the rundown on who Julie

52  
00:02:32,630 --> 00:02:28,760  
is and how you can do this work okay I

53  
00:02:36,110 --> 00:02:32,640  
am director of research of the Wynn bird

54  
00:02:38,360 --> 00:02:36,120  
Research Center and which my husband is

55  
00:02:40,790 --> 00:02:38,370  
the executive director and the two of us

56  
00:02:44,000 --> 00:02:40,800  
his name is Marco could see the two of

57  
00:02:46,400 --> 00:02:44,010  
us founded the Wynn bridge Institute LLC

58  
00:02:50,240 --> 00:02:46,410  
ten years ago and we had a lot of

59  
00:02:52,220 --> 00:02:50,250  
different interests and we were we

60  
00:02:54,590 --> 00:02:52,230  
certainly spread ourselves a little too

61  
00:02:56,150 --> 00:02:54,600  
thin and so we wanted to focus on what

62  
00:02:58,100 --> 00:02:56,160  
we were good at and what we were really

63  
00:03:00,620 --> 00:02:58,110

interested in and so we started this new

64

00:03:02,690 --> 00:03:00,630

Arizona nonprofit corporation called the

65

00:03:06,020 --> 00:03:02,700

whim bridge Research Center and we're

66

00:03:08,479 --> 00:03:06,030

focusing specifically on research and

67

00:03:09,440 --> 00:03:08,489

education around dying death and what

68

00:03:11,180 --> 00:03:09,450

comes next

69

00:03:13,160 --> 00:03:11,190

yeah and Julie I know you've told this

70

00:03:15,979 --> 00:03:13,170

story a million times you don't have to

71

00:03:19,940 --> 00:03:15,989

tell the whole story but I think people

72

00:03:23,330 --> 00:03:19,950

are always fascinated by the story for

73

00:03:23,780 --> 00:03:23,340

how you came to even be interested in

74

00:03:26,900 --> 00:03:23,790

this

75

00:03:29,270 --> 00:03:26,910

and since what's so wonderful about what

76

00:03:31,699 --> 00:03:29,280

you do is the scientific rigor that you

77

00:03:34,910 --> 00:03:31,709

bring to this work I think people are

78

00:03:36,910 --> 00:03:34,920

interested to know that you're a PhD and

79

00:03:41,530 --> 00:03:36,920

not only you're a PhD but you're a PhD

80

00:03:43,970 --> 00:03:41,540

trained to kind of figure out strange

81

00:03:46,310 --> 00:03:43,980

phenomenon like this it kind of wrestle

82

00:03:49,640 --> 00:03:46,320

it to the ground a little bit about your

83

00:03:51,680 --> 00:03:49,650

background might be useful okay my PC is

84

00:03:54,590 --> 00:03:51,690

in pharmacology and toxicology with a

85

00:03:57,520 --> 00:03:54,600

minor in microbiology and immunology so

86

00:04:00,470 --> 00:03:57,530

my training is in the hard sciences and

87

00:04:03,470 --> 00:04:00,480

and I know how to apply the scientific

88

00:04:05,990 --> 00:04:03,480

method to anything so the science is a

89

00:04:07,729 --> 00:04:06,000

tool it's not a set of beliefs or set of

90

00:04:11,120 --> 00:04:07,739

facts so you can apply it to anything

91

00:04:16,610 --> 00:04:11,130

and so when I was in graduate school

92

00:04:19,789 --> 00:04:16,620

getting my PhD my mom passed away and I

93

00:04:22,610 --> 00:04:19,799

had never heard of a medium i but that

94

00:04:25,490 --> 00:04:22,620

was around the time that John Edward was

95

00:04:27,629 --> 00:04:25,500

on TV show was really big so I thought

96

00:04:30,839 --> 00:04:27,639

well that looks real those people look

97

00:04:32,520 --> 00:04:30,849

moved and the information seems specific

98

00:04:35,189 --> 00:04:32,530

but I'm a scientist I need to see that

99

00:04:37,679 --> 00:04:35,199

for myself so I got a reading from a

100

00:04:39,869 --> 00:04:37,689

local medium and she knew things that

101  
00:04:42,450 --> 00:04:39,879  
there was no way that she could have

102  
00:04:45,929 --> 00:04:42,460  
known and I knew about cold reading I'd

103  
00:04:48,989 --> 00:04:45,939  
read out of read up on it and so I knew

104  
00:04:52,260 --> 00:04:48,999  
what she could learn just by seeing me

105  
00:04:53,909 --> 00:04:52,270  
and but she said a lot of things there's

106  
00:04:56,879 --> 00:04:53,919  
no way that she could have known and

107  
00:04:59,670 --> 00:04:56,889  
even things I didn't know that I had to

108  
00:05:02,339 --> 00:04:59,680  
check with other people in my family to

109  
00:05:04,379 --> 00:05:02,349  
verify that were true and there's a even

110  
00:05:07,439 --> 00:05:04,389  
weirder story that someone came in who I

111  
00:05:10,320 --> 00:05:07,449  
didn't know and like a couple years

112  
00:05:13,350 --> 00:05:10,330  
later I ended up dating a guy and he

113  
00:05:15,570 --> 00:05:13,360

recognized that guy from my reading so

114

00:05:18,119 --> 00:05:15,580

there was like forward and backward in

115

00:05:24,209 --> 00:05:18,129

time issues it was very interesting and

116

00:05:26,100 --> 00:05:24,219

so I went back to school and I talked to

117

00:05:27,540 --> 00:05:26,110

the other students and my professors and

118

00:05:29,939 --> 00:05:27,550

I told them about this experience that

119

00:05:31,559 --> 00:05:29,949

I'd had and like good scientists most of

120

00:05:32,850 --> 00:05:31,569

them said oh I don't know anything about

121

00:05:34,559 --> 00:05:32,860

that but that sounds like an interesting

122

00:05:37,950 --> 00:05:34,569

experience and you're you know it

123

00:05:41,189 --> 00:05:37,960

clearly moved you and but a couple of

124

00:05:44,100 --> 00:05:41,199

them when those people are all frauds

125

00:05:46,589 --> 00:05:44,110

and con artists you got duped and I was

126

00:05:49,649 --> 00:05:46,599

like no I didn't I'm a good scientist I

127

00:05:52,559 --> 00:05:49,659

was there and and I started to realize

128

00:05:55,050 --> 00:05:52,569

yeah there's a there's a huge movement

129

00:05:57,149 --> 00:05:55,060

of people who don't know anything about

130

00:05:59,399 --> 00:05:57,159

it and just have heard that and just

131

00:06:02,070 --> 00:05:59,409

parrot it back oh no they're all frauds

132

00:06:04,499 --> 00:06:02,080

and so I was like that's not fair and

133

00:06:06,420 --> 00:06:04,509

these people need a good scientist to

134

00:06:09,149 --> 00:06:06,430

apply the scientific method and bring

135

00:06:10,379 --> 00:06:09,159

this into the lab that's what they

136

00:06:13,679 --> 00:06:10,389

really need in the universe is like

137

00:06:17,279 --> 00:06:13,689

really there you go it's you know and so

138

00:06:20,820 --> 00:06:17,289

I the universe conspired to put me on

139

00:06:24,749 --> 00:06:20,830

this path and yeah I've been doing it

140

00:06:27,659 --> 00:06:24,759

ever since and so my training is in hard

141

00:06:31,139 --> 00:06:27,669

science and so I can I'm good at

142

00:06:35,339 --> 00:06:31,149

protocol design and blinding and control

143

00:06:38,100 --> 00:06:35,349

groups and yeah I can design the heck

144

00:06:39,869 --> 00:06:38,110

out of a study and you have it and one

145

00:06:41,480 --> 00:06:39,879

of the things one of the reasons that I

146

00:06:44,090 --> 00:06:41,490

think you're so popular

147

00:06:47,150 --> 00:06:44,100

on skeptic oh is because our audience is

148

00:06:50,029 --> 00:06:47,160

very scientific minded and I think a lot

149

00:06:52,640 --> 00:06:50,039

of people just blown away by the rigor

150

00:06:55,249 --> 00:06:52,650

that you apply and you know the gold

151

00:06:57,589 --> 00:06:55,259

standard really for medium research as

152

00:06:59,210 --> 00:06:57,599

some folks have called it and anyone who

153

00:07:00,830 --> 00:06:59,220

gets in there and looks at it knows

154

00:07:02,120 --> 00:07:00,840

that's the case and you can go look at

155

00:07:04,700 --> 00:07:02,130

some of the interviews we've done with

156

00:07:07,670 --> 00:07:04,710

Julie in the past and they stand up to

157

00:07:10,610 --> 00:07:07,680

all this kind of nonsensical silly

158

00:07:13,070 --> 00:07:10,620

skeptical kind of crap that's out there

159

00:07:15,320 --> 00:07:13,080

and they just she just destroys him she

160

00:07:17,210 --> 00:07:15,330

just destroys him over and over again by

161

00:07:20,420 --> 00:07:17,220

good science isn't that what we really

162

00:07:21,770 --> 00:07:20,430

want after all but you know what I was

163

00:07:26,150 --> 00:07:21,780

really struck by and I wanted you to

164

00:07:28,400 --> 00:07:26,160

speaking to is I love what you've said here

165

00:07:31,010 --> 00:07:28,410

about the wounded research center

166

00:07:33,020 --> 00:07:31,020

because when we get past the battle of

167

00:07:35,029 --> 00:07:33,030

consciousness you know and his

168

00:07:37,550 --> 00:07:35,039

consciousness a product of the brain

169

00:07:40,460 --> 00:07:37,560

every biological robot said did we say

170

00:07:43,820 --> 00:07:40,470

on a deeper level you know what is the

171

00:07:46,760 --> 00:07:43,830

deep spirituality associated with

172

00:07:48,980 --> 00:07:46,770

mediumship and by that I mean how does

173

00:07:51,490 --> 00:07:48,990

it really affect people's lives in a

174

00:07:54,710 --> 00:07:51,500

positive way and I was really quite

175

00:07:56,330 --> 00:07:54,720

taken by the mission statement that

176

00:08:00,040 --> 00:07:56,340

you've written from memory Research

177

00:08:03,200 --> 00:08:00,050

Center and and I love to ease suffering

178

00:08:05,719 --> 00:08:03,210

around death dying in what comes next

179

00:08:08,629 --> 00:08:05,729

and I just felt myself like exhaling and

180

00:08:11,560 --> 00:08:08,639

going yeah there's a lot of suffering

181

00:08:14,270 --> 00:08:11,570

around Minnis and wouldn't it be cool if

182

00:08:17,060 --> 00:08:14,280

science if rigorous scientific research

183

00:08:19,939 --> 00:08:17,070

could actually alleviate some of that

184

00:08:23,450 --> 00:08:19,949

suffering so talk to us for a minute

185

00:08:25,399 --> 00:08:23,460

about this mission statement and what it

186

00:08:27,399 --> 00:08:25,409

means to you and why you chose those

187

00:08:30,620 --> 00:08:27,409

words

188

00:08:33,409 --> 00:08:30,630

well first I'm very detail-oriented and

189

00:08:36,350 --> 00:08:33,419

I never liked the way that it was often

190

00:08:38,810 --> 00:08:36,360

said death and dying because dying comes

191

00:08:40,040 --> 00:08:38,820

before death so I put them in

192

00:08:42,620 --> 00:08:40,050

chronological order

193

00:08:46,579 --> 00:08:42,630

dying death and what comes next and I

194

00:08:48,350 --> 00:08:46,589

feel like sometimes I'm not a channel or

195

00:08:51,890 --> 00:08:48,360

I'm not a medium not a psychic but

196

00:08:54,199 --> 00:08:51,900

sometimes phrases in parapsychology it's

197

00:08:55,400 --> 00:08:54,209

called anomalous attention that

198

00:08:57,710 --> 00:08:55,410

something comes

199

00:09:00,199 --> 00:08:57,720

you and you say that's meaningful what

200

00:09:01,819 --> 00:09:00,209

that's going to be something and I had I

201  
00:09:02,569 --> 00:09:01,829  
don't know where I heard it in a movie

202  
00:09:05,689 --> 00:09:02,579  
in a book

203  
00:09:07,970 --> 00:09:05,699  
what comes next and I and I grasped onto

204  
00:09:10,280 --> 00:09:07,980  
that I thought that was really a good

205  
00:09:12,199 --> 00:09:10,290  
way to describe because we're interested

206  
00:09:14,269 --> 00:09:12,209  
in what happens next for the person that

207  
00:09:18,319 --> 00:09:14,279  
died and what happens next for the

208  
00:09:22,900 --> 00:09:18,329  
living that are still around and and

209  
00:09:26,889 --> 00:09:22,910  
grieving but that loss so we wanted to

210  
00:09:30,740 --> 00:09:26,899  
use rigorous scientific research to

211  
00:09:32,900 --> 00:09:30,750  
collect data and make conclusions that

212  
00:09:35,990 --> 00:09:32,910  
we then could share with a variety of

213  
00:09:37,879 --> 00:09:36,000

audiences let me just interject for a

214

00:09:40,400 --> 00:09:37,889

minute because you know you say that

215

00:09:43,730 --> 00:09:40,410

just because that second nature that's

216

00:09:47,090 --> 00:09:43,740

who you are if that's PhD pharmacology

217

00:09:49,429 --> 00:09:47,100

and toxicology right but it's different

218

00:09:51,800 --> 00:09:49,439

it's different in this field you bring

219

00:09:54,230 --> 00:09:51,810

that here in a way that's really

220

00:09:56,210 --> 00:09:54,240

important and as I was relating to

221

00:09:58,009 --> 00:09:56,220

choose them indigo that really struck me

222

00:10:00,980 --> 00:09:58,019

from a long time ago from years ago when

223

00:10:02,960 --> 00:10:00,990

I met you is that and especially in its

224

00:10:06,230 --> 00:10:02,970

you into the gender differences thing

225

00:10:08,210 --> 00:10:06,240

but especially guys you know guys a lot

226

00:10:10,370 --> 00:10:08,220

of times we need the data you know we

227

00:10:12,139 --> 00:10:10,380

need the data and then we feel that we

228

00:10:13,699 --> 00:10:12,149

can kind of maybe venture into some of

229

00:10:17,120 --> 00:10:13,709

those feelings that we have if we have

230

00:10:19,639 --> 00:10:17,130

the data and I love that that you know

231

00:10:23,360 --> 00:10:19,649

that's not just that's something that

232

00:10:26,449 --> 00:10:23,370

you obviously had a certain affinity to

233

00:10:29,870 --> 00:10:26,459

as well as the science and the data as a

234

00:10:33,170 --> 00:10:29,880

way to kind of move forward so talk to

235

00:10:37,269 --> 00:10:33,180

God talk on dr. a second so as a society

236

00:10:41,960 --> 00:10:37,279

we rely on science to move forward it

237

00:10:43,579 --> 00:10:41,970

drives policy it you know it's what

238

00:10:47,929 --> 00:10:43,589

medications are allowing that's all

239

00:10:50,210 --> 00:10:47,939

science what foods are in the world what

240

00:10:54,490 --> 00:10:50,220

things are so how we eat food without

241

00:10:57,590 --> 00:10:54,500

what suggested so so clearly our society

242

00:10:59,780 --> 00:10:57,600

whole hold science as an authority and

243

00:11:01,699 --> 00:10:59,790

yeah I've always had a pretty election

244

00:11:05,420 --> 00:11:01,709

for science when I was in eighth grade I

245

00:11:07,790 --> 00:11:05,430

won the science award in my class so I

246

00:11:08,340 --> 00:11:07,800

have always been a scientist I don't

247

00:11:12,120 --> 00:11:08,350

know how to

248

00:11:14,640 --> 00:11:12,130

think any other way and that's my so

249

00:11:17,430 --> 00:11:14,650

when I had a question when my mom died

250

00:11:20,460 --> 00:11:17,440

and and I was seeing mediums on TV I've

251  
00:11:22,950 --> 00:11:20,470  
used science to get to be the answers to

252  
00:11:25,140 --> 00:11:22,960  
my questions but science is just one way

253  
00:11:27,990 --> 00:11:25,150  
of knowing and people's experience

254  
00:11:33,620 --> 00:11:28,000  
that's another way of knowing and so but

255  
00:11:36,210 --> 00:11:33,630  
I'm a scientist so I use my method and

256  
00:11:39,420 --> 00:11:36,220  
that's what I can share with people our

257  
00:11:41,130 --> 00:11:39,430  
data and that does convince people and

258  
00:11:43,680 --> 00:11:41,140  
that does help people and alleviate

259  
00:11:45,840 --> 00:11:43,690  
suffering for some people to know that I

260  
00:11:47,840 --> 00:11:45,850  
brought mediums into the laboratory and

261  
00:11:50,250 --> 00:11:47,850  
I controlled for all the things that

262  
00:11:51,720 --> 00:11:50,260  
people could say oh no it's just this

263  
00:11:53,790 --> 00:11:51,730

like you know I controlled for all of

264

00:11:55,590 --> 00:11:53,800

that they have no access to the sitter

265

00:11:57,540 --> 00:11:55,600

during the reading so they can't do cold

266

00:11:59,520 --> 00:11:57,550

reading the sitter receives two readings

267

00:12:01,260 --> 00:11:59,530

to score one is there's one isn't they

268

00:12:05,610 --> 00:12:01,270

don't know which is which so the rater

269

00:12:07,470 --> 00:12:05,620

bias is is equalized I don't know

270

00:12:10,050 --> 00:12:07,480

anything about the deceased or the

271

00:12:12,060 --> 00:12:10,060

sitter so I can't to the medium so all

272

00:12:14,430 --> 00:12:12,070

of those things are taken care of and it

273

00:12:17,400 --> 00:12:14,440

still was happening they still could do

274

00:12:19,980 --> 00:12:17,410

it and so we published a paper a couple

275

00:12:23,610 --> 00:12:19,990

years ago where 20 mediums performed 58

276

00:12:25,590 --> 00:12:23,620

readings and the accuracy data reach

277

00:12:27,840 --> 00:12:25,600

statistical significance three different

278

00:12:30,480 --> 00:12:27,850

kinds of accuracy scoring item by item

279

00:12:31,110 --> 00:12:30,490

scoring whole reading scoring and

280

00:12:32,670 --> 00:12:31,120

forced-choice

281

00:12:34,200 --> 00:12:32,680

pick which reading of those two you

282

00:12:36,330 --> 00:12:34,210

think is yours so there's clearly

283

00:12:39,480 --> 00:12:36,340

something going on and that helps people

284

00:12:43,920 --> 00:12:39,490

like yourself and like me go okay

285

00:12:46,290 --> 00:12:43,930

there's something going on here it also

286

00:12:49,290 --> 00:12:46,300

helps the people that that should know

287

00:12:51,570 --> 00:12:49,300

about that and are and we trust with

288

00:12:53,370 --> 00:12:51,580

telling other people about it right so

289

00:12:56,790 --> 00:12:53,380

that's that's the other part of your

290

00:12:58,410 --> 00:12:56,800

mission is sharing that information not

291

00:13:00,750 --> 00:12:58,420

just with the general public but that's

292

00:13:03,210 --> 00:13:00,760

something you do but also sharing it

293

00:13:05,820 --> 00:13:03,220

with health care providers sharing it

294

00:13:07,320 --> 00:13:05,830

with nurses doctors sharing with you

295

00:13:09,420 --> 00:13:07,330

mention unto God that was just an

296

00:13:11,640 --> 00:13:09,430

excellent point and maybe we'll bring it

297

00:13:13,860 --> 00:13:11,650

up to the front of this interview but to

298

00:13:17,150 --> 00:13:13,870

think about that situation that we all

299

00:13:21,420 --> 00:13:17,160

know that exists and that's that someone

300

00:13:22,620 --> 00:13:21,430

loses someone they're in grief and yet

301

00:13:25,650 --> 00:13:22,630

they feel that person's

302

00:13:27,240 --> 00:13:25,660

presence they hear that person and they

303

00:13:30,090 --> 00:13:27,250

go oh my gosh what's good what's wrong

304

00:13:33,629 --> 00:13:30,100

with me they go see a mental health care

305

00:13:35,340 --> 00:13:33,639

professional oh my gosh I can only hope

306

00:13:38,249 --> 00:13:35,350

we're past the point where that person

307

00:13:39,990 --> 00:13:38,259

says oh my god you're crazy either they

308

00:13:42,660 --> 00:13:40,000

say directly or indirectly they take

309

00:13:44,730 --> 00:13:42,670

this medication we have to get this

310

00:13:47,100 --> 00:13:44,740

information out there we have to stop

311

00:13:50,249 --> 00:13:47,110

that from happening right yeah and like

312

00:13:53,610 --> 00:13:50,259

you know and I'm really worried they're

313

00:13:55,769 --> 00:13:53,620

medicating young children schizophrenic

314

00:14:00,420 --> 00:13:55,779

because they're saying they're hearing

315

00:14:03,449 --> 00:14:00,430

voices like we need like we are we try

316

00:14:06,720 --> 00:14:03,459

and take what we know and provide it to

317

00:14:08,579 --> 00:14:06,730

different audiences so researchers I

318

00:14:11,100 --> 00:14:08,589

know how to speak researcher and so

319

00:14:14,340 --> 00:14:11,110

we're working hard on trying to take

320

00:14:16,889 --> 00:14:14,350

this information and convey it in a way

321

00:14:21,360 --> 00:14:16,899

that the general public it's good for

322

00:14:22,949 --> 00:14:21,370

them clinicians so they know about the

323

00:14:25,980 --> 00:14:22,959

reality like I was at a conference with

324

00:14:27,679 --> 00:14:25,990

clinicians once and they were I talked

325

00:14:30,449 --> 00:14:27,689

to one woman and she was tremendously

326

00:14:32,819 --> 00:14:30,459

surprised that the mediums on our team

327

00:14:35,009 --> 00:14:32,829

don't walk up to people in the grocery

328

00:14:36,540 --> 00:14:35,019

store parking lot give them messages no

329

00:14:39,120 --> 00:14:36,550

that's completely unethical

330

00:14:40,949 --> 00:14:39,130

our mediums don't do that that they

331

00:14:43,110 --> 00:14:40,959

agree to a code of ethics and that

332

00:14:45,900 --> 00:14:43,120

including you don't provide information

333

00:14:47,910 --> 00:14:45,910

to someone who didn't ask for it because

334

00:14:52,110 --> 00:14:47,920

you don't know if they're ready to hear

335

00:14:53,519 --> 00:14:52,120

it that's a very big concept to get your

336

00:14:54,960 --> 00:14:53,529

head around and the PERT the grieving

337

00:14:58,259 --> 00:14:54,970

person might not be ready for it I've

338

00:14:59,970 --> 00:14:58,269

had I've heard mediums say that in a

339

00:15:01,410 --> 00:14:59,980

grocery store line the deceased were

340

00:15:02,999 --> 00:15:01,420

that you have to tell my wife you have

341

00:15:05,460 --> 00:15:03,009

to tell my wife this message and they

342

00:15:07,110 --> 00:15:05,470

the mediums say no I don't I'm not going

343

00:15:10,079 --> 00:15:07,120

to do that you're gonna have to fight

344

00:15:11,850 --> 00:15:10,089

you have to encourage her to ask me what

345

00:15:13,829 --> 00:15:11,860

I do for a living that's as far as I go

346

00:15:15,809 --> 00:15:13,839

but I'm not gonna like tap your wife on

347

00:15:19,439 --> 00:15:15,819

the shoulder and say I have a message

348

00:15:22,769 --> 00:15:19,449

for you so there are things about what

349

00:15:24,210 --> 00:15:22,779

mediumship really is in the real world

350

00:15:26,670 --> 00:15:24,220

that's different than how it's portrayed

351  
00:15:28,920 --> 00:15:26,680  
on TV for example and people don't know

352  
00:15:31,860 --> 00:15:28,930  
that and clinicians don't know that and

353  
00:15:34,949 --> 00:15:31,870  
I so I'm really worried yeah that people

354  
00:15:36,070 --> 00:15:34,959  
are being medicated for mediumistic

355  
00:15:38,740 --> 00:15:36,080  
experiences when

356  
00:15:40,360 --> 00:15:38,750  
that's it's very common and after yeah I

357  
00:15:42,910 --> 00:15:40,370  
think that one of the big things is

358  
00:15:47,470 --> 00:15:42,920  
after death communication with a loved

359  
00:15:50,830 --> 00:15:47,480  
one is very common and people think it's

360  
00:15:54,430 --> 00:15:50,840  
weird but it's very common and so again

361  
00:15:56,500 --> 00:15:54,440  
that even that little nugget like oh no

362  
00:15:58,570 --> 00:15:56,510  
no that totally happens you're not weird

363  
00:16:00,250 --> 00:15:58,580

at all that alleviates suffering right

364

00:16:02,290 --> 00:16:00,260

there and then that makes the person

365

00:16:04,870 --> 00:16:02,300

more open to it the next time and it's

366

00:16:07,480 --> 00:16:04,880

comforting the experience rather than it

367

00:16:10,690 --> 00:16:07,490

being stressful like oh no it's weird

368

00:16:12,220 --> 00:16:10,700

I'm crazy I'm turning psycho no it's

369

00:16:14,950 --> 00:16:12,230

it's very common after death

370

00:16:18,820 --> 00:16:14,960

communication is very common and so

371

00:16:21,480 --> 00:16:18,830

we're trying to convey those kinds of

372

00:16:24,580 --> 00:16:21,490

facts and that evidence-based

373

00:16:26,260 --> 00:16:24,590

information to the public and to all

374

00:16:28,360 --> 00:16:26,270

these different audiences clinicians and

375

00:16:30,700 --> 00:16:28,370

then we use the word clinicians for

376

00:16:33,120 --> 00:16:30,710

mental health and healthcare providers

377

00:16:35,770 --> 00:16:33,130

and we use the word practitioner for

378

00:16:37,510 --> 00:16:35,780

mediums and psychics because they also

379

00:16:39,430 --> 00:16:37,520

need to know and it can alleviate

380

00:16:41,050 --> 00:16:39,440

suffering in them the kinds of things we

381

00:16:42,460 --> 00:16:41,060

learned like one of the mediums on my

382

00:16:45,730 --> 00:16:42,470

team I was talking to her the other day

383

00:16:49,450 --> 00:16:45,740

and I was telling her about this the

384

00:16:54,670 --> 00:16:49,460

results of the studying that we we did a

385

00:16:56,560 --> 00:16:54,680

study where we had 122 self-identified

386

00:16:58,570 --> 00:16:56,570

mediums described their experiences

387

00:17:00,100 --> 00:16:58,580

during communication with the deceased

388

00:17:03,850 --> 00:17:00,110

and during psychic readings for the

389

00:17:06,010 --> 00:17:03,860

living and they as we've we've learned

390

00:17:07,570 --> 00:17:06,020

and in research with just the mediums

391

00:17:09,930 --> 00:17:07,580

that our team missed a few meetings on

392

00:17:12,400 --> 00:17:09,940

our team it seems to be a what we call

393

00:17:13,689 --> 00:17:12,410

multimodal experience so they see things

394

00:17:15,850 --> 00:17:13,699

they hear things they smell things they

395

00:17:17,020 --> 00:17:15,860

taste things they feel things and so

396

00:17:19,120 --> 00:17:17,030

it's telling the medium that she was

397

00:17:21,240 --> 00:17:19,130

like oh I thought it was everyone was

398

00:17:24,370 --> 00:17:21,250

just clairvoyant there it was just

399

00:17:27,910 --> 00:17:24,380

visual was just seeing and she like felt

400

00:17:31,150 --> 00:17:27,920

comforted how do you not know that in my

401  
00:17:34,120 --> 00:17:31,160  
research team but we you know she's not

402  
00:17:35,770 --> 00:17:34,130  
reading my research papers so we need to

403  
00:17:38,080 --> 00:17:35,780  
be able to convey this stuff to

404  
00:17:40,270 --> 00:17:38,090  
different audiences in different ways so

405  
00:17:43,270 --> 00:17:40,280  
that it alleviates suffering for all the

406  
00:17:47,240 --> 00:17:43,280  
different segments of who were serving

407  
00:17:48,919 --> 00:17:47,250  
we're a charity we're serving people

408  
00:17:50,120 --> 00:17:48,929  
different groups I'm glad you and glad

409  
00:17:51,590 --> 00:17:50,130  
you clarified that because we're going

410  
00:17:54,649 --> 00:17:51,600  
to talk more about that for a minute in

411  
00:17:57,140 --> 00:17:54,659  
a minute you know you're speaking a

412  
00:17:58,940 --> 00:17:57,150  
minute ago to me about I don't know if

413  
00:18:00,860 --> 00:17:58,950

was the same study or another survey

414

00:18:05,299 --> 00:18:00,870

that you did that had some rather

415

00:18:07,850 --> 00:18:05,309

amazing findings to it that that kind of

416

00:18:16,279 --> 00:18:07,860

clarify for people I think example you

417

00:18:19,250 --> 00:18:16,289

gave me was that most people well what I

418

00:18:21,500 --> 00:18:19,260

heard you say let me let me let me tie

419

00:18:23,299 --> 00:18:21,510

it back to it let me scratch edit all

420

00:18:27,380 --> 00:18:23,309

that out because what I really wanted to

421

00:18:29,899 --> 00:18:27,390

say is I think that highlights maybe the

422

00:18:31,549 --> 00:18:29,909

need that you're trying to serve and the

423

00:18:35,690 --> 00:18:31,559

need that you have right now which is to

424

00:18:38,480 --> 00:18:35,700

get funding for this project because who

425

00:18:39,770 --> 00:18:38,490

else is gonna do this kind of research I

426  
00:18:41,750 --> 00:18:39,780  
mean the research you just talked about

427  
00:18:46,789 --> 00:18:41,760  
we just highlighted a couple of reasons

428  
00:18:48,740 --> 00:18:46,799  
why it's so necessary yeah data point

429  
00:18:51,500 --> 00:18:48,750  
like the things that we've learned in

430  
00:18:55,549 --> 00:18:51,510  
this survey study are amazing we we did

431  
00:18:57,230 --> 00:18:55,559  
online survey and multiple parts some of

432  
00:19:01,010 --> 00:18:57,240  
your listeners may have participated it

433  
00:19:03,529 --> 00:19:01,020  
was called the octo study the Sam study

434  
00:19:06,590 --> 00:19:03,539  
in the Cinco study and the octo study we

435  
00:19:09,020 --> 00:19:06,600  
collected online data from 1,300 people

436  
00:19:11,630 --> 00:19:09,030  
a thousand people who were not mediums

437  
00:19:13,610 --> 00:19:11,640  
and 300 people who were mediums and then

438  
00:19:16,220 --> 00:19:13,620

those people were invited to participate

439

00:19:18,140 --> 00:19:16,230

in the Sam's and the Cinco studies and

440

00:19:19,820 --> 00:19:18,150

we collected even more information and

441

00:19:22,940 --> 00:19:19,830

we learned some really interesting

442

00:19:24,260 --> 00:19:22,950

things like I was really surprised he'd

443

00:19:26,950 --> 00:19:24,270

been by some of it

444

00:19:29,659 --> 00:19:26,960

one thing being it we took those

445

00:19:31,880 --> 00:19:29,669

descriptions that those mediums gave of

446

00:19:34,580 --> 00:19:31,890

the communication with the deceased and

447

00:19:37,460 --> 00:19:34,590

then psychic readings for the living and

448

00:19:39,140 --> 00:19:37,470

week we use computerized text analysis

449

00:19:41,120 --> 00:19:39,150

to quantitatively analyze their

450

00:19:43,760 --> 00:19:41,130

responses and we use content analysis to

451  
00:19:45,649 --> 00:19:43,770  
qualitatively analyze their responses

452  
00:19:48,230 --> 00:19:45,659  
and we have a paper coming out detailing

453  
00:19:50,930 --> 00:19:48,240  
those results but one of the really

454  
00:19:53,090 --> 00:19:50,940  
interesting things was even when they

455  
00:19:55,549 --> 00:19:53,100  
were describing psychic readings for the

456  
00:19:58,610 --> 00:19:55,559  
living their experiences included

457  
00:20:00,289 --> 00:19:58,620  
communication with the deceased so and

458  
00:20:00,930 --> 00:20:00,299  
often it was just so they didn't say it

459  
00:20:02,970 --> 00:20:00,940  
like this

460  
00:20:04,890 --> 00:20:02,980  
and I don't mean to be flip like random

461  
00:20:06,870 --> 00:20:04,900  
deceased people it was not people that

462  
00:20:09,240 --> 00:20:06,880  
were associated with the sitter or that

463  
00:20:11,160 --> 00:20:09,250

even the meeting knew it was people sort

464

00:20:12,480 --> 00:20:11,170

of passing by like oh here's some

465

00:20:15,840 --> 00:20:12,490

information about this living person

466

00:20:17,520 --> 00:20:15,850

that you're talking to and so this just

467

00:20:19,760 --> 00:20:17,530

to clarify for people you know there's

468

00:20:22,770 --> 00:20:19,770

always been this kind of divide between

469

00:20:25,380 --> 00:20:22,780

psychics and mediums and what you're

470

00:20:30,780 --> 00:20:25,390

saying there I think in short formulas

471

00:20:32,610 --> 00:20:30,790

the lines are much blurrier than you

472

00:20:35,670 --> 00:20:32,620

know a minute ago we talked about I mean

473

00:20:38,460 --> 00:20:35,680

or more evidence piles up the if

474

00:20:41,190 --> 00:20:38,470

you want to get real sciency about this

475

00:20:43,650 --> 00:20:41,200

and try and it from a supersize or a big

476

00:20:45,540 --> 00:20:43,660

glob of consciousness more and more of

477

00:20:49,650 --> 00:20:45,550

the evidence that your evidence seems to

478

00:20:52,250 --> 00:20:49,660

point to there really are some kind of

479

00:20:54,330 --> 00:20:52,260

there's some kind of reality to this I

480

00:20:56,310 --> 00:20:54,340

know you didn't like the extent that

481

00:20:58,830 --> 00:20:56,320

consciousness realms kind of thing but

482

00:21:02,910 --> 00:20:58,840

these spirits are out there right and

483

00:21:07,260 --> 00:21:02,920

what do you make of that I don't think

484

00:21:09,480 --> 00:21:07,270

that that it it needs to be something

485

00:21:12,270 --> 00:21:09,490

that like you really have to shift your

486

00:21:17,310 --> 00:21:12,280

worldview like your existence is that

487

00:21:19,820 --> 00:21:17,320

you are in this meat bag and so and the

488

00:21:22,620 --> 00:21:19,830

data show that we're really only

489

00:21:26,130 --> 00:21:22,630

tenuously tied to our body like they've

490

00:21:29,340 --> 00:21:26,140

done research with VR goggles and they

491

00:21:31,890 --> 00:21:29,350

put the camera on a mannequin and so

492

00:21:34,590 --> 00:21:31,900

when you look down the camera looks at

493

00:21:36,210 --> 00:21:34,600

the mannequin and if someone stabs the

494

00:21:39,000 --> 00:21:36,220

mannequin you have an adrenaline

495

00:21:41,880 --> 00:21:39,010

response it's really easy for you to

496

00:21:43,920 --> 00:21:41,890

convince your brain your mind like oh no

497

00:21:45,870 --> 00:21:43,930

we're over here now like we're only you

498

00:21:47,820 --> 00:21:45,880

only think you're in your body because

499

00:21:50,880 --> 00:21:47,830

you're receiving constant feedback that

500

00:21:52,410 --> 00:21:50,890

you are but it's really easy to fool the

501  
00:21:55,200 --> 00:21:52,420  
mind into thinking that you're somewhere

502  
00:21:57,420 --> 00:21:55,210  
else so we're very like loosely tied in

503  
00:21:59,820 --> 00:21:57,430  
here to begin with in our regular life

504  
00:22:02,090 --> 00:21:59,830  
so you're just gonna be you you're just

505  
00:22:06,000 --> 00:22:02,100  
going to be not in your body anymore

506  
00:22:08,460 --> 00:22:06,010  
yeah that's that's tough because that

507  
00:22:11,090 --> 00:22:08,470  
touches on some of the let me ask that

508  
00:22:13,920 --> 00:22:11,100  
question I mean what does that say about

509  
00:22:14,880 --> 00:22:13,930  
so many spiritual traditions that are

510  
00:22:17,250 --> 00:22:14,890  
telling us

511  
00:22:19,770 --> 00:22:17,260  
exactly that particularly that the

512  
00:22:22,620 --> 00:22:19,780  
eastern yogic traditions are saying

513  
00:22:24,810 --> 00:22:22,630

exactly that that you this reality that

514

00:22:29,780 --> 00:22:24,820

you form inside your head by this

515

00:22:32,670 --> 00:22:29,790

constant stream of thoughts is easily

516

00:22:34,800 --> 00:22:32,680

dismissed by any kind of careful

517

00:22:37,530 --> 00:22:34,810

analysis any kind of meditation that

518

00:22:40,050 --> 00:22:37,540

realizes you are the observer I mean

519

00:22:42,090 --> 00:22:40,060

this is kind of basics of a lot of

520

00:22:45,960 --> 00:22:42,100

Eastern spiritual traditions

521

00:22:48,450 --> 00:22:45,970

it in a way to be kind of pointing in

522

00:22:53,210 --> 00:22:48,460

that direction as well yeah and I think

523

00:22:59,700 --> 00:22:53,220

in the Eastern traditions a lot of times

524

00:23:02,520 --> 00:22:59,710

meditation is focus he focuses you into

525

00:23:04,590 --> 00:23:02,530

your body like clearly it implies we're

526

00:23:07,470 --> 00:23:04,600

in this life to be in this body to have

527

00:23:12,750 --> 00:23:07,480

this experience but it's not that's not

528

00:23:15,720 --> 00:23:12,760

the end of it and so but there are other

529

00:23:18,630 --> 00:23:15,730

traditions where the meditation is to is

530

00:23:22,430 --> 00:23:18,640

to like forget that the body exists and

531

00:23:27,110 --> 00:23:22,440

sort of being released from the body and

532

00:23:31,580 --> 00:23:27,120

I think it sort of all plays into your

533

00:23:34,440 --> 00:23:31,590

just your consciousness and right like

534

00:23:36,840 --> 00:23:34,450

dreaming that's a altered state of

535

00:23:39,510 --> 00:23:36,850

consciousness that people have regularly

536

00:23:41,760 --> 00:23:39,520

like you have activity and you know

537

00:23:43,410 --> 00:23:41,770

there's a plot and you met people and

538

00:23:45,210 --> 00:23:43,420

you saw things and you did things and

539

00:23:47,100 --> 00:23:45,220

you wake up and you go yeah none of that

540

00:23:48,450 --> 00:23:47,110

happened yeah no it didn't

541

00:23:50,370 --> 00:23:48,460

and I don't know I won't say that

542

00:23:52,620 --> 00:23:50,380

because maybe it did right there are

543

00:23:54,210 --> 00:23:52,630

people think that dream reality is of

544

00:23:57,240 --> 00:23:54,220

real reality and I don't have any

545

00:23:59,700 --> 00:23:57,250

evidence that it is it well the problem

546

00:24:02,730 --> 00:23:59,710

with that is lucid dreaming kind of

547

00:24:05,340 --> 00:24:02,740

falls right in between those two lines

548

00:24:07,230 --> 00:24:05,350

there and starts blurring it as does you

549

00:24:09,780 --> 00:24:07,240

know astral projection and channeling

550

00:24:12,810 --> 00:24:09,790

which is really weird and stuff like

551  
00:24:15,660 --> 00:24:12,820  
that but then there's some bordering on

552  
00:24:17,820 --> 00:24:15,670  
scientific evidence that that's real too

553  
00:24:20,910 --> 00:24:17,830  
or that that can stand a certain degree

554  
00:24:23,190 --> 00:24:20,920  
of scientific scrutiny so there's all

555  
00:24:25,620 --> 00:24:23,200  
these aspects to consciousness that are

556  
00:24:28,170 --> 00:24:25,630  
just waiting to be explored once we get

557  
00:24:28,860 --> 00:24:28,180  
past this rigid idea that it has to be

558  
00:24:32,010 --> 00:24:28,870  
cranked

559  
00:24:34,830 --> 00:24:32,020  
back into the body and be blunt and I am

560  
00:24:36,630 --> 00:24:34,840  
interested in all of them but to be good

561  
00:24:39,600 --> 00:24:36,640  
at it I have to pick one and I have to

562  
00:24:41,700 --> 00:24:39,610  
study that so I've been doing mediumship

563  
00:24:43,770 --> 00:24:41,710

and life after death

564

00:24:47,750 --> 00:24:43,780

survival consciousness research for ten

565

00:24:49,920 --> 00:24:47,760

years probably close to 15 now and

566

00:24:55,110 --> 00:24:49,930

that's what I'm good at and I'm going to

567

00:24:57,540 --> 00:24:55,120

keep doing that and in with the purpose

568

00:24:59,070 --> 00:24:57,550

of alleviating suffering because at the

569

00:25:02,010 --> 00:24:59,080

you know there's a lot like you can

570

00:25:04,320 --> 00:25:02,020

spend hours in philosophical discussion

571

00:25:06,630 --> 00:25:04,330

about what's going on but at the end of

572

00:25:08,430 --> 00:25:06,640

the day we're interested at the windward

573

00:25:10,980 --> 00:25:08,440

Research Center in how can it help

574

00:25:13,169 --> 00:25:10,990

people and that's the bottom line and

575

00:25:14,730 --> 00:25:13,179

that's what we're trying to serve people

576

00:25:18,180 --> 00:25:14,740

and we're trying to answer those

577

00:25:19,620 --> 00:25:18,190

questions and there's no funding for for

578

00:25:23,100 --> 00:25:19,630

these kinds of things and so we're

579

00:25:24,720 --> 00:25:23,110

really relying on public support to be

580

00:25:26,490 --> 00:25:24,730

able to continue doing what we're doing

581

00:25:30,930 --> 00:25:26,500

and so I encourage people to join our

582

00:25:32,100 --> 00:25:30,940

email list at Wynn bridgework I think

583

00:25:38,150 --> 00:25:32,110

we're going to start to offer

584

00:25:41,970 --> 00:25:38,160

memberships in 2018 and have member only

585

00:25:44,070 --> 00:25:41,980

members will receive priority first

586

00:25:46,440 --> 00:25:44,080

access to research findings and we'll do

587

00:25:49,830 --> 00:25:46,450

you online remember only online events

588

00:25:52,770 --> 00:25:49,840

with with researchers and mediums and

589

00:25:55,919 --> 00:25:52,780

people can ask questions live and so if

590

00:26:00,780 --> 00:25:55,929

people would like to be notified of

591

00:26:02,640 --> 00:26:00,790

those kinds of things and I'm forgetting

592

00:26:04,830 --> 00:26:02,650

what I talked to you about in the first

593

00:26:07,530 --> 00:26:04,840

hour and what I talk to you about though

594

00:26:09,030 --> 00:26:07,540

please join our email list and be

595

00:26:10,980 --> 00:26:09,040

notified when we're putting up new

596

00:26:13,320 --> 00:26:10,990

videos and fact sheets and papers and

597

00:26:14,190 --> 00:26:13,330

all kinds of things again you're in such

598

00:26:17,130 --> 00:26:14,200

a unique position

599

00:26:18,960 --> 00:26:17,140

I just really hope people support this

600

00:26:21,890 --> 00:26:18,970

because it has to continue and you have

601  
00:26:25,040 --> 00:26:21,900  
to continue doing art well thank you

602  
00:26:28,320 --> 00:26:25,050  
let's talk about where mediumship is

603  
00:26:30,600 --> 00:26:28,330  
fitting and evolving into the mainstream

604  
00:26:32,870 --> 00:26:30,610  
culture because you know there's two

605  
00:26:35,460 --> 00:26:32,880  
ways of looking at it one is people go

606  
00:26:38,880 --> 00:26:35,470  
mediumship I know that's that's so

607  
00:26:40,530 --> 00:26:38,890  
accepted now you know there's the Long

608  
00:26:42,470 --> 00:26:40,540  
Island medium there's all these other

609  
00:26:45,669 --> 00:26:42,480  
shows there's all these wee

610  
00:26:48,530 --> 00:26:45,679  
right and yet at the same time there's a

611  
00:26:50,960 --> 00:26:48,540  
scientific community that doesn't accept

612  
00:26:52,549 --> 00:26:50,970  
it and you've made some headway in that

613  
00:26:54,799 --> 00:26:52,559

area too you know one of the things I

614

00:26:58,789 --> 00:26:54,809

pulled off your website is you did this

615

00:27:01,789 --> 00:26:58,799

kind of little interview session at goop

616

00:27:05,780 --> 00:27:01,799

which is Gweneth Paltrow super

617

00:27:09,260 --> 00:27:05,790

high-profile and successful webpage

618

00:27:11,180 --> 00:27:09,270

lifestyle health lifestyle thing so in

619

00:27:12,950 --> 00:27:11,190

some ways it's good news bad news and

620

00:27:15,470 --> 00:27:12,960

some of the questions were very basic

621

00:27:18,350 --> 00:27:15,480

you know way back to the beginning but

622

00:27:21,880 --> 00:27:18,360

you did a nice job of answering those so

623

00:27:26,299 --> 00:27:21,890

what do you think about mediumship and

624

00:27:27,470 --> 00:27:26,309

its acceptance by the mainstream whether

625

00:27:29,720 --> 00:27:27,480

that's happening whether that's

626  
00:27:31,789 --> 00:27:29,730  
happening as fast as you bought her or

627  
00:27:34,760 --> 00:27:31,799  
just any thoughts you have on that I

628  
00:27:37,490 --> 00:27:34,770  
think a lot more people know what a

629  
00:27:40,700 --> 00:27:37,500  
medium is now because it is appearing in

630  
00:27:44,990 --> 00:27:40,710  
the popular culture I think the problem

631  
00:27:46,730 --> 00:27:45,000  
with that is they have a skewed idea of

632  
00:27:48,830 --> 00:27:46,740  
what a medium is and does because all

633  
00:27:50,780 --> 00:27:48,840  
they're seeing are how the mediums are

634  
00:27:56,930 --> 00:27:50,790  
portrayed on TV which does not reflect

635  
00:27:59,659 --> 00:27:56,940  
how it works in reality and but at least

636  
00:28:00,950 --> 00:27:59,669  
what what do you mean when you say that

637  
00:28:03,680 --> 00:28:00,960  
what are some of the things that jump

638  
00:28:05,960 --> 00:28:03,690

out would you say it's not how it works

639

00:28:10,400 --> 00:28:05,970

in reality because again let's remind

640

00:28:12,860 --> 00:28:10,410

people you work with mediums a lot you

641

00:28:16,180 --> 00:28:12,870

know and and that's giving you this kind

642

00:28:18,500 --> 00:28:16,190

of unique perspective on both the

643

00:28:20,240 --> 00:28:18,510

misperceptions and the misconceptions

644

00:28:23,060 --> 00:28:20,250

that the general public has about

645

00:28:25,159 --> 00:28:23,070

mediums but I also found fascinating

646

00:28:28,610 --> 00:28:25,169

which you touched on a minute ago is the

647

00:28:31,970 --> 00:28:28,620

misconception that mediums have about

648

00:28:34,159 --> 00:28:31,980

both the work that they do and the work

649

00:28:36,919 --> 00:28:34,169

that other meetings of their colleagues

650

00:28:39,230 --> 00:28:36,929

is so you had some interesting thoughts

651  
00:28:42,260 --> 00:28:39,240  
on that do you anything more to add yeah

652  
00:28:43,460 --> 00:28:42,270  
I think the survey study results are

653  
00:28:47,030 --> 00:28:43,470  
going to be really interesting I was

654  
00:28:48,770 --> 00:28:47,040  
surprised by a lot of them one being we

655  
00:28:52,220 --> 00:28:48,780  
asked the question do you charge for

656  
00:28:54,950 --> 00:28:52,230  
readings and 30% of the mediums who

657  
00:28:56,210 --> 00:28:54,960  
responded said no I don't I was really

658  
00:28:58,490 --> 00:28:56,220  
surprised by that

659  
00:29:01,310 --> 00:28:58,500  
I thought that like the mediums on our

660  
00:29:03,080 --> 00:29:01,320  
team were representative of the general

661  
00:29:07,430 --> 00:29:03,090  
population and I don't I don't think

662  
00:29:09,110 --> 00:29:07,440  
that's entirely true and yeah I say

663  
00:29:10,880 --> 00:29:09,120

people don't know how mediumship works

664

00:29:14,090 --> 00:29:10,890

in the real world and neither do I I

665

00:29:16,010 --> 00:29:14,100

know how it works in the laboratory but

666

00:29:18,049 --> 00:29:16,020

I'm not like spending time with mediums

667

00:29:20,600 --> 00:29:18,059

or I only ever got one mediumship

668

00:29:24,230 --> 00:29:20,610

reading in my life so I know how it

669

00:29:27,020 --> 00:29:24,240

works under the microscope and I've

670

00:29:29,539 --> 00:29:27,030

talked to them and I know I've heard

671

00:29:30,890 --> 00:29:29,549

their frustrations but what are some of

672

00:29:34,100 --> 00:29:30,900

the misconceptions that people have

673

00:29:37,100 --> 00:29:34,110

about how it works even under the

674

00:29:40,789 --> 00:29:37,110

microscope I mean you mentioned a minute

675

00:29:43,909 --> 00:29:40,799

ago about telling a medium explaining to

676  
00:29:46,070 --> 00:29:43,919  
a medium that not everyone was clear

677  
00:29:47,779 --> 00:29:46,080  
audio you know and that that was

678  
00:29:50,440 --> 00:29:47,789  
surprising to them I mean what are some

679  
00:29:54,470 --> 00:29:50,450  
things you found out about how

680  
00:29:57,230 --> 00:29:54,480  
mediumship works in the lab that mediums

681  
00:29:59,720 --> 00:29:57,240  
found surprising well most of the

682  
00:30:02,600 --> 00:29:59,730  
mediums on our team were interested in

683  
00:30:04,610 --> 00:30:02,610  
becoming research mediums like our

684  
00:30:08,600 --> 00:30:04,620  
testing our certification is not just to

685  
00:30:10,130 --> 00:30:08,610  
like test mediums and give them a stamp

686  
00:30:12,890 --> 00:30:10,140  
of approval we wanted to gather a team

687  
00:30:14,750 --> 00:30:12,900  
of mediums that we could do research

688  
00:30:15,919 --> 00:30:14,760

with and that they understood research

689

00:30:17,750 --> 00:30:15,929

and they were interested and they can

690

00:30:19,640 --> 00:30:17,760

help us with protocol design because a

691

00:30:21,830 --> 00:30:19,650

lot of times I I send an email and I go

692

00:30:23,930 --> 00:30:21,840

hey we're thinking about doing this do

693

00:30:26,090 --> 00:30:23,940

you do this and they go no but we can do

694

00:30:27,919 --> 00:30:26,100

this and they give me alternatives of

695

00:30:32,990 --> 00:30:27,929

the way that we could study what they do

696

00:30:35,330 --> 00:30:33,000

in a way that they could do it and so

697

00:30:37,130 --> 00:30:35,340

that's really helpful to really

698

00:30:40,250 --> 00:30:37,140

understand but most of them are on the

699

00:30:42,049 --> 00:30:40,260

team because they have questions too

700

00:30:44,000 --> 00:30:42,059

about what's happening to them and how

701  
00:30:46,070 --> 00:30:44,010  
they can do what they do and how the

702  
00:30:48,490 --> 00:30:46,080  
brain is involved and you know those

703  
00:30:51,860 --> 00:30:48,500  
kinds of things and a lot of them were

704  
00:30:53,630 --> 00:30:51,870  
excited to be on a team of other people

705  
00:30:56,510 --> 00:30:53,640  
who have experiences similar to theirs

706  
00:30:59,360 --> 00:30:56,520  
because some of them you know live their

707  
00:31:03,350 --> 00:30:59,370  
lives being an oddball and no one

708  
00:31:05,720 --> 00:31:03,360  
understanding their their experiences

709  
00:31:07,789 --> 00:31:05,730  
and so to be part of a team that the

710  
00:31:10,120 --> 00:31:07,799  
sole purpose is to learn more about what

711  
00:31:15,520 --> 00:31:10,130  
you do that was really encouraging that

712  
00:31:16,900 --> 00:31:15,530  
hated suffering in them I think and you

713  
00:31:18,700 --> 00:31:16,910

know one of the things he talked about

714

00:31:20,110 --> 00:31:18,710

the last time you run and I wonder if

715

00:31:23,230 --> 00:31:20,120

there's any update on that

716

00:31:26,260 --> 00:31:23,240

is that there's even a physical

717

00:31:28,600 --> 00:31:26,270

dimension to that that you discovered

718

00:31:30,010 --> 00:31:28,610

that I think is probably going to be

719

00:31:33,220 --> 00:31:30,020

surprising to people do you have any

720

00:31:37,080 --> 00:31:33,230

updated information about illness the

721

00:31:39,430 --> 00:31:37,090

physical effects either the the

722

00:31:41,470 --> 00:31:39,440

pre-existing that somehow might be

723

00:31:44,710 --> 00:31:41,480

related to their mediumship or that

724

00:31:46,990 --> 00:31:44,720

comes as a part of being a medium I mean

725

00:31:48,880 --> 00:31:47,000

there's some physical differences

726

00:31:51,610 --> 00:31:48,890

medical differences you found is there

727

00:31:55,840 --> 00:31:51,620

any tell us about that so a number of

728

00:31:58,750 --> 00:31:55,850

the mediums on our team have fine having

729

00:32:02,260 --> 00:31:58,760

an autoimmune disorder myself I

730

00:32:03,640 --> 00:32:02,270

recognize it and so they would say by a

731

00:32:05,140 --> 00:32:03,650

lot of them on our team a lot of

732

00:32:07,320 --> 00:32:05,150

diseases as well I thought well that's

733

00:32:10,630 --> 00:32:07,330

interesting is there something about

734

00:32:13,990 --> 00:32:10,640

mediumship that's causing disease so we

735

00:32:16,450 --> 00:32:14,000

did a study where we drew blood and we

736

00:32:19,180 --> 00:32:16,460

took physiological measurements of

737

00:32:20,920 --> 00:32:19,190

mediums doing readings and then doing a

738

00:32:23,410 --> 00:32:20,930

control condition and we look like is

739

00:32:26,230 --> 00:32:23,420

there something that is there bloggers

740

00:32:28,360 --> 00:32:26,240

are changing even as as anything

741

00:32:30,760 --> 00:32:28,370

changing in their blood these different

742

00:32:32,740 --> 00:32:30,770

blood I think it would be like 30 blood

743

00:32:36,580 --> 00:32:32,750

components like is anything changing and

744

00:32:40,030 --> 00:32:36,590

what we found was nothing changed mark

745

00:32:42,340 --> 00:32:40,040

joked you could have had a political

746

00:32:43,450 --> 00:32:42,350

discussion a heated political discussion

747

00:32:45,310 --> 00:32:43,460

with so much they would have had a

748

00:32:47,530 --> 00:32:45,320

bigger physiological response and we

749

00:32:51,340 --> 00:32:47,540

were seeing so it wasn't any change so

750

00:32:53,170 --> 00:32:51,350

that made me think well why did they

751  
00:32:56,140 --> 00:32:53,180  
have this higher disease prevalence then

752  
00:33:00,340 --> 00:32:56,150  
and so we asked when we did the big

753  
00:33:03,510 --> 00:33:00,350  
survey study we had a lot more mediums

754  
00:33:07,660 --> 00:33:03,520  
200 mediums answering these questions

755  
00:33:10,810 --> 00:33:07,670  
they also showed a lot higher incidence

756  
00:33:14,260 --> 00:33:10,820  
of autoimmune disorders and all kinds of

757  
00:33:16,060 --> 00:33:14,270  
disease processes and what I had I've

758  
00:33:19,680 --> 00:33:16,070  
been learning about when all of this was

759  
00:33:22,510 --> 00:33:19,690  
happening was that childhood trauma

760  
00:33:23,950 --> 00:33:22,520  
causes disease in adults and that's been

761  
00:33:26,110 --> 00:33:23,960  
well established

762  
00:33:28,450 --> 00:33:26,120  
just in the general population childhood

763  
00:33:30,100 --> 00:33:28,460

trauma results in adult disease and so I

764

00:33:31,600 --> 00:33:30,110

wanted to see well as that what's going

765

00:33:33,490 --> 00:33:31,610

on because it doesn't seem like the

766

00:33:36,790 --> 00:33:33,500

mediumship readings in and of themselves

767

00:33:40,600 --> 00:33:36,800

are maybe causing the problems is it a

768

00:33:43,630 --> 00:33:40,610

history of abuse and so we gave the

769

00:33:45,820 --> 00:33:43,640

mediums in the survey study a childhood

770

00:33:46,480 --> 00:33:45,830

abuse scale and they scored off the

771

00:33:48,730 --> 00:33:46,490

charts

772

00:33:52,120 --> 00:33:48,740

so there that I'm not the first person

773

00:33:53,560 --> 00:33:52,130

to say that there have been other people

774

00:33:54,940 --> 00:33:53,570

have talked about this relationship

775

00:33:58,000 --> 00:33:54,950

between child abuse and psychic

776

00:34:00,490 --> 00:33:58,010

abilities and there are theories about

777

00:34:03,850 --> 00:34:00,500

why that is that because you lived in an

778

00:34:05,530 --> 00:34:03,860

abusive situation you had to learn to

779

00:34:07,680 --> 00:34:05,540

know when danger was coming when there

780

00:34:10,690 --> 00:34:07,690

was no sensory way you could know that

781

00:34:14,260 --> 00:34:10,700

and you had to and a lot of times abuse

782

00:34:16,930 --> 00:34:14,270

is associated with dissociation so maybe

783

00:34:19,930 --> 00:34:16,940

you learned how to achieve an altered

784

00:34:23,560 --> 00:34:19,940

state that made you more receptive to be

785

00:34:25,720 --> 00:34:23,570

able to hear from the deceased yeah

786

00:34:29,080 --> 00:34:25,730

someone asked me in a seminar once is

787

00:34:31,030 --> 00:34:29,090

does a dull abuse also result and I was

788

00:34:33,310 --> 00:34:31,040

like no don't go out and get in an

789

00:34:35,050 --> 00:34:33,320

abusive relationship so you can be a

790

00:34:36,550 --> 00:34:35,060

psychic that it doesn't work like that

791

00:34:39,400 --> 00:34:36,560

but there does seem to be this

792

00:34:43,120 --> 00:34:39,410

relationship between like in this survey

793

00:34:46,390 --> 00:34:43,130

study the people who identified as

794

00:34:48,760 --> 00:34:46,400

mediums scored statistically higher in

795

00:34:50,710 --> 00:34:48,770

these of beingness on this childhood

796

00:34:53,620 --> 00:34:50,720

abuse scale than did people who

797

00:34:55,330 --> 00:34:53,630

identified as not mediums so it there

798

00:34:57,550 --> 00:34:55,340

seems to be at least a relationship I

799

00:35:00,130 --> 00:34:57,560

don't know if it's and there also was

800

00:35:04,270 --> 00:35:00,140

this higher incidence of disease so I

801  
00:35:08,110 --> 00:35:04,280  
think maybe it's not that mediumship

802  
00:35:10,920 --> 00:35:08,120  
causes disease it's that trauma causes

803  
00:35:14,410 --> 00:35:10,930  
mediumship and trauma causes disease

804  
00:35:17,470 --> 00:35:14,420  
that's my that's my hypothesis working

805  
00:35:18,580 --> 00:35:17,480  
working theory is it work which is kind

806  
00:35:20,050 --> 00:35:18,590  
of interesting because it kind of

807  
00:35:22,630 --> 00:35:20,060  
touches on something we talked about a

808  
00:35:25,320 --> 00:35:22,640  
minute ago in the last interview and

809  
00:35:28,540 --> 00:35:25,330  
that is the relationship between

810  
00:35:30,580 --> 00:35:28,550  
parapsychology which is the closest

811  
00:35:34,720 --> 00:35:30,590  
thing we have to scientific legitimacy

812  
00:35:36,400 --> 00:35:34,730  
in this area and survival research and

813  
00:35:37,510 --> 00:35:36,410

those lines are getting blurred I mean

814

00:35:39,160 --> 00:35:37,520

your work is

815

00:35:40,810 --> 00:35:39,170

blurring those loves cuz you as you said

816

00:35:43,570 --> 00:35:40,820

are doing a little bit of an end run on

817

00:35:44,860 --> 00:35:43,580

parapsychology not that you can get

818

00:35:47,560 --> 00:35:44,870

along with those folks who like and

819

00:35:50,320 --> 00:35:47,570

respect them but you really don't fall

820

00:35:52,930 --> 00:35:50,330

under that category nor do you fall

821

00:35:55,390 --> 00:35:52,940

under the category of near-death

822

00:35:57,160 --> 00:35:55,400

experience although it's closely related

823

00:35:59,590 --> 00:35:57,170

because it again touches on this

824

00:36:00,970 --> 00:35:59,600

question of survival nor do you fall

825

00:36:03,250 --> 00:36:00,980

under you know we're talking about the

826

00:36:05,800 --> 00:36:03,260

work at University of Virginia and Jim

827

00:36:08,350 --> 00:36:05,810

Tucker and his past life work which

828

00:36:10,660 --> 00:36:08,360

directly speaks to this question of

829

00:36:13,510 --> 00:36:10,670

survival so maybe you want to spend just

830

00:36:17,290 --> 00:36:13,520

a minute and talk about how all these

831

00:36:19,180 --> 00:36:17,300

things might relate and then I have a

832

00:36:21,040 --> 00:36:19,190

follow-on question about that that

833

00:36:23,650 --> 00:36:21,050

relates back to the medical part and

834

00:36:27,190 --> 00:36:23,660

maybe causes us to take another look at

835

00:36:29,770 --> 00:36:27,200

this biological robot thing but first

836

00:36:32,350 --> 00:36:29,780

you know how does what you do

837

00:36:34,300 --> 00:36:32,360

fall into the larger question of

838

00:36:36,550 --> 00:36:34,310

survival and I've just brought up on the

839

00:36:38,080 --> 00:36:36,560

screen you know Leslie Kane who I did

840

00:36:40,600 --> 00:36:38,090

interview with and has written this very

841

00:36:43,540 --> 00:36:40,610

popular book which tries to mainstream

842

00:36:46,570 --> 00:36:43,550

this idea that survival something that

843

00:36:49,270 --> 00:36:46,580

we can now accept we can kind of step in

844

00:36:52,030 --> 00:36:49,280

to talk about in an intelligent

845

00:36:56,710 --> 00:36:52,040

intellectual way among those gonna folks

846

00:36:58,630 --> 00:36:56,720

and you know what do you think about the

847

00:37:01,180 --> 00:36:58,640

broader question of survival and how

848

00:37:03,850 --> 00:37:01,190

that's being brought into the culture

849

00:37:06,280 --> 00:37:03,860

accepted by the culture well yeah I

850

00:37:09,250 --> 00:37:06,290

don't consider myself a parapsychologist

851  
00:37:11,340 --> 00:37:09,260  
and traditionally parapsychology is

852  
00:37:13,750 --> 00:37:11,350  
described as studying the big four

853  
00:37:17,220 --> 00:37:13,760  
telepathy clairvoyance precognition and

854  
00:37:20,700 --> 00:37:17,230  
psychokinesis and then the late great

855  
00:37:23,770 --> 00:37:20,710  
transpersonal psychologist William broad

856  
00:37:25,300 --> 00:37:23,780  
once wrote you know the parapsychology

857  
00:37:27,850 --> 00:37:25,310  
was interested in the big four with an

858  
00:37:29,950 --> 00:37:27,860  
occasional nod to survival and afterlife

859  
00:37:33,940 --> 00:37:29,960  
topics so even in parapsychology it was

860  
00:37:36,850 --> 00:37:33,950  
Fringe and yeah I you know and as a

861  
00:37:40,570 --> 00:37:36,860  
community we we throat we tried

862  
00:37:42,760 --> 00:37:40,580  
different labels for ourselves and right

863  
00:37:46,540 --> 00:37:42,770

now I I'm liking a consciousness

864

00:37:48,520 --> 00:37:46,550

researcher I think that's probably more

865

00:37:51,310 --> 00:37:48,530

descriptive because I'm not doing the

866

00:37:53,140 --> 00:37:51,320

big four I don't study the big four

867

00:37:55,030 --> 00:37:53,150

my study survival of consciousness so

868

00:38:01,660 --> 00:37:55,040

consciousness researcher seems to be a

869

00:38:04,480 --> 00:38:01,670

better term and I think that the

870

00:38:06,430 --> 00:38:04,490

evidence for we you know the analogies

871

00:38:10,990 --> 00:38:06,440

been used it's like the idea of a bunch

872

00:38:13,080 --> 00:38:11,000

of sticks so in any one of these we call

873

00:38:15,700 --> 00:38:13,090

them the planks in the survival platform

874

00:38:18,150 --> 00:38:15,710

near-death experiences chosen here

875

00:38:21,310 --> 00:38:18,160

remember past lives mediumship at abadox

876

00:38:23,830 --> 00:38:21,320

any one of them there are flaws to the

877

00:38:26,080 --> 00:38:23,840

to the body of data but if you hold them

878

00:38:27,730 --> 00:38:26,090

you can break any one stick but if you

879

00:38:30,850 --> 00:38:27,740

hold them all together you cannot break

880

00:38:33,430 --> 00:38:30,860

the bundle of sticks so I think that's

881

00:38:38,050 --> 00:38:33,440

been well established and that the issue

882

00:38:41,350 --> 00:38:38,060

with it not having a secure foothold in

883

00:38:44,290 --> 00:38:41,360

the world is simply a reflection of

884

00:38:47,170 --> 00:38:44,300

human psychology it's people are not

885

00:38:50,860 --> 00:38:47,180

good at new things are changing their

886

00:38:52,990 --> 00:38:50,870

mind and especially people who sort of

887

00:38:57,280 --> 00:38:53,000

their personality is that as as a

888

00:39:00,690 --> 00:38:57,290

Magdala based where they new things they

889

00:39:03,130 --> 00:39:00,700

are experienced as dangerous so they are

890

00:39:06,640 --> 00:39:03,140

physiologically neurologically incapable

891

00:39:08,200 --> 00:39:06,650

of being like calm and open-minded you

892

00:39:10,770 --> 00:39:08,210

know if you have a conversation with

893

00:39:13,870 --> 00:39:10,780

people about this topic and they yell

894

00:39:15,670 --> 00:39:13,880

they're not come they're not frontal

895

00:39:18,160 --> 00:39:15,680

cortex having a discussion with you

896

00:39:21,400 --> 00:39:18,170

their amygdala responding out of fear

897

00:39:23,920 --> 00:39:21,410

and anger at these new things so there's

898

00:39:25,480 --> 00:39:23,930

a lot of that in the world where we're

899

00:39:28,060 --> 00:39:25,490

never going to convince some people

900

00:39:30,670 --> 00:39:28,070

because it's just too physiologically

901  
00:39:33,750 --> 00:39:30,680  
neurologically dangerous for them to

902  
00:39:36,670 --> 00:39:33,760  
contemplate these things that I'm

903  
00:39:40,990 --> 00:39:36,680  
talking about do you have any thoughts

904  
00:39:44,980 --> 00:39:41,000  
Julie on what role technology might play

905  
00:39:48,040 --> 00:39:44,990  
in getting this to the next level here

906  
00:39:51,100 --> 00:39:48,050  
you know I just did an interview with

907  
00:39:55,660 --> 00:39:51,110  
the UFO researcher doctor and that

908  
00:39:57,790 --> 00:39:55,670  
doctor Stan and you know the UFO your

909  
00:39:59,890 --> 00:39:57,800  
section this is kind of interesting in

910  
00:40:02,530 --> 00:39:59,900  
that same extended consciousness realm

911  
00:40:04,240 --> 00:40:02,540  
but one of the things that's challenging

912  
00:40:07,540 --> 00:40:04,250  
about this is the

913  
00:40:10,390 --> 00:40:07,550

there does seem to be a technology angle

914

00:40:12,760 --> 00:40:10,400

right around the corner even though we

915

00:40:16,150 --> 00:40:12,770

only approach it from scientific you

916

00:40:18,900 --> 00:40:16,160

know you take remote viewing which we

917

00:40:22,420 --> 00:40:18,910

kind of accept again they took a

918

00:40:25,300 --> 00:40:22,430

scientific double leg approached psychic

919

00:40:28,270 --> 00:40:25,310

work and we're able to be effective at

920

00:40:32,650 --> 00:40:28,280

it what happens when we go to the next

921

00:40:34,840 --> 00:40:32,660

level and we use brain mapping and some

922

00:40:38,800 --> 00:40:34,850

of the advanced neurological technique

923

00:40:40,330 --> 00:40:38,810

to kind of get us beyond right now and

924

00:40:43,690 --> 00:40:40,340

these there's these kind of tantalizing

925

00:40:46,720 --> 00:40:43,700

evidence that technology might bring us

926  
00:40:50,050 --> 00:40:46,730  
closer to some form of communication

927  
00:40:52,210 --> 00:40:50,060  
with these extended consciousness realm

928  
00:40:55,060 --> 00:40:52,220  
you will do you have any thoughts on

929  
00:40:57,610 --> 00:40:55,070  
what role technology might play in the

930  
00:41:00,100 --> 00:40:57,620  
future in terms of changing how we think

931  
00:41:01,720 --> 00:41:00,110  
about this or making it I guess

932  
00:41:03,340 --> 00:41:01,730  
ultimately not just changing how we

933  
00:41:04,870 --> 00:41:03,350  
think about it but making it more

934  
00:41:07,870 --> 00:41:04,880  
effective what happens when your

935  
00:41:10,780 --> 00:41:07,880  
iPhone's money can do telepathy I mean

936  
00:41:13,090 --> 00:41:10,790  
what kind of future is that well I think

937  
00:41:14,440 --> 00:41:13,100  
it actually goes the opposite way like

938  
00:41:15,850 --> 00:41:14,450

that's a question I get all the time

939

00:41:19,770 --> 00:41:15,860

like well what happens in a mediums

940

00:41:23,320 --> 00:41:19,780

brain but if we're talking about the

941

00:41:25,570 --> 00:41:23,330

opposition theory to material scientific

942

00:41:28,480 --> 00:41:25,580

materialism is non-local consciousness

943

00:41:30,850 --> 00:41:28,490

which is consciousness exists everywhere

944

00:41:33,370 --> 00:41:30,860

and all throughout space and time and is

945

00:41:37,630 --> 00:41:33,380

just funneled through the brain like a

946

00:41:40,750 --> 00:41:37,640

radio antenna so that like why are we

947

00:41:42,400 --> 00:41:40,760

even worried about the brain anymore it

948

00:41:45,010 --> 00:41:42,410

doesn't seem like that's where we are

949

00:41:46,780 --> 00:41:45,020

and and like we talked about this sort

950

00:41:50,920 --> 00:41:46,790

of Venn diagram of mediumship and

951  
00:41:54,040 --> 00:41:50,930  
psychic experiences and there there's a

952  
00:41:56,550 --> 00:41:54,050  
lot of overlap which so if you did brain

953  
00:41:59,140 --> 00:41:56,560  
mapping and brain imaging which is

954  
00:42:02,470 --> 00:41:59,150  
admittedly a study I have always wanted

955  
00:42:09,280 --> 00:42:02,480  
to do is looking at mediums braiser in

956  
00:42:11,200 --> 00:42:09,290  
various situations Michael Persinger

957  
00:42:12,940 --> 00:42:11,210  
I mean Michael Persinger up in Canada

958  
00:42:15,130 --> 00:42:12,950  
he's kind of taken a different level

959  
00:42:16,710 --> 00:42:15,140  
he's and a lot of people are with his

960  
00:42:18,780 --> 00:42:16,720  
research he's

961  
00:42:20,970 --> 00:42:18,790  
only napped the brain but he said okay

962  
00:42:23,460 --> 00:42:20,980  
telepathy here's how we do it and he

963  
00:42:26,280 --> 00:42:23,470

sent the message from here to here with

964

00:42:29,790 --> 00:42:26,290

electromagnetic stimulation and again

965

00:42:32,280 --> 00:42:29,800

it's up with you you know but well Lyons

966

00:42:35,130 --> 00:42:32,290

you become blurry in a way I've been

967

00:42:37,020 --> 00:42:35,140

more open to lately in terms of

968

00:42:40,040 --> 00:42:37,030

understanding that we have to appreciate

969

00:42:42,720 --> 00:42:40,050

the technology is probably to have

970

00:42:44,760 --> 00:42:42,730

something to say about how we think

971

00:42:47,670 --> 00:42:44,770

about this in the future and I just

972

00:42:50,550 --> 00:42:47,680

wonder if you have any thoughts on what

973

00:42:53,130 --> 00:42:50,560

that merger might be what just came into

974

00:42:56,580 --> 00:42:53,140

my mind was you know what we know about

975

00:42:59,580 --> 00:42:56,590

how to be more psychic is meditative

976

00:43:01,740 --> 00:42:59,590

practices and I think Americans are

977

00:43:04,380 --> 00:43:01,750

often like they don't they don't like to

978

00:43:06,330 --> 00:43:04,390

hear that because meditation people have

979

00:43:08,400 --> 00:43:06,340

trouble clearing your their mind but

980

00:43:11,760 --> 00:43:08,410

that's not what meditation is meditation

981

00:43:13,290 --> 00:43:11,770

is about focusing on something and the

982

00:43:16,770 --> 00:43:13,300

mind does not like to be clear it has

983

00:43:19,530 --> 00:43:16,780

jobs to do and telling it to shut off

984

00:43:21,720 --> 00:43:19,540

it's not pleased with that at all and so

985

00:43:23,550 --> 00:43:21,730

focusing counting your breaths so I

986

00:43:24,900 --> 00:43:23,560

think where technology might come in

987

00:43:28,920 --> 00:43:24,910

it's sort of in this consciousness

988

00:43:33,359 --> 00:43:28,930

hacking movement of technology helping

989

00:43:37,260 --> 00:43:33,369

us to learn how to how to focus and

990

00:43:41,160 --> 00:43:37,270

breathe and countin so that we can have

991

00:43:43,040 --> 00:43:41,170

access to those other realms if that's

992

00:43:46,440 --> 00:43:43,050

the phrase that you want to use or this

993

00:43:48,930 --> 00:43:46,450

these other that your consciousness can

994

00:43:50,970 --> 00:43:48,940

can learn to be more non-local but it

995

00:43:54,870 --> 00:43:50,980

can learn to access this information

996

00:43:56,310 --> 00:43:54,880

that's separate from you locally I think

997

00:43:58,349 --> 00:43:56,320

maybe that's where technology but that

998

00:44:00,900 --> 00:43:58,359

we had talked about this earlier about

999

00:44:03,810 --> 00:44:00,910

the measurement of things like that's a

1000

00:44:05,970 --> 00:44:03,820

lot of what these systems do the

1001  
00:44:07,829 --> 00:44:05,980  
physical measurement of things and these

1002  
00:44:11,010 --> 00:44:07,839  
aren't physical things anymore and

1003  
00:44:12,599 --> 00:44:11,020  
there's a lot in the body that's that we

1004  
00:44:14,849 --> 00:44:12,609  
don't understand right the body is very

1005  
00:44:16,440 --> 00:44:14,859  
efficient it doesn't do things it

1006  
00:44:19,800 --> 00:44:16,450  
doesn't waste energy on things it

1007  
00:44:22,020 --> 00:44:19,810  
doesn't need to it but every cell since

1008  
00:44:25,050 --> 00:44:22,030  
the beginning of time every human cell

1009  
00:44:27,900 --> 00:44:25,060  
that has divided has spent the time and

1010  
00:44:29,890 --> 00:44:27,910  
energy and resources to replicate the

1011  
00:44:34,270 --> 00:44:29,900  
DNA in its entirety from the news

1012  
00:44:36,460 --> 00:44:34,280  
but 97% of that DNA doesn't do anything

1013  
00:44:38,680 --> 00:44:36,470

it doesn't code for any proteins but

1014

00:44:41,380 --> 00:44:38,690

we're still keeping it around so is it

1015

00:44:44,470 --> 00:44:41,390

like a homeopathic issue or the

1016

00:44:46,830 --> 00:44:44,480

energetics of the DNA is holding some

1017

00:44:49,810 --> 00:44:46,840

information that doesn't have a physical

1018

00:44:52,690 --> 00:44:49,820

manifestation so there's lots of things

1019

00:44:55,480 --> 00:44:52,700

that we already know in biology and

1020

00:44:57,400 --> 00:44:55,490

other fields that if you can't measure

1021

00:44:59,020 --> 00:44:57,410

those kind of things but they continue

1022

00:45:00,940 --> 00:44:59,030

to exist and you know what's a

1023

00:45:03,610 --> 00:45:00,950

phenomenon that we can't explain why we

1024

00:45:05,290 --> 00:45:03,620

on why we dream what we blush there's no

1025

00:45:06,940 --> 00:45:05,300

we don't understand that whether there

1026  
00:45:09,970 --> 00:45:06,950  
was our common experiences that people

1027  
00:45:12,160 --> 00:45:09,980  
have and so you know there's this idea

1028  
00:45:14,620 --> 00:45:12,170  
of like we have to embrace mystery at

1029  
00:45:16,390 --> 00:45:14,630  
some point - we might not be able to

1030  
00:45:18,460 --> 00:45:16,400  
measure everything or bring everything

1031  
00:45:21,100 --> 00:45:18,470  
into the lab or image everything or

1032  
00:45:24,910 --> 00:45:21,110  
count everything and that's part of

1033  
00:45:26,620 --> 00:45:24,920  
human experience I'm important I think

1034  
00:45:29,080 --> 00:45:26,630  
that also speaks to something you

1035  
00:45:33,700 --> 00:45:29,090  
mentioned early on and that's why we

1036  
00:45:36,610 --> 00:45:33,710  
need people to focus on one thing - it

1037  
00:45:39,010 --> 00:45:36,620  
really well and that I guess is really

1038  
00:45:42,880 --> 00:45:39,020

what you're trying to do it a twin

1039

00:45:46,360 --> 00:45:42,890

bridge so tell people more as we wrap up

1040

00:45:49,360 --> 00:45:46,370

about what is coming up for you

1041

00:45:51,700 --> 00:45:49,370

what do you think is important on the

1042

00:45:53,890 --> 00:45:51,710

horizon what you want to accomplish with

1043

00:45:59,620 --> 00:45:53,900

some of the your tournaments that your

1044

00:46:01,450 --> 00:45:59,630

work well our overall arching mission is

1045

00:46:03,820 --> 00:46:01,460

to alleviate suffering and so we're

1046

00:46:05,260 --> 00:46:03,830

using rigorous scientific research and

1047

00:46:08,320 --> 00:46:05,270

then sharing the results of that

1048

00:46:10,390 --> 00:46:08,330

research with different audiences

1049

00:46:13,000 --> 00:46:10,400

clinicians researchers the general

1050

00:46:16,060 --> 00:46:13,010

public practitioners in a way that

1051

00:46:17,740 --> 00:46:16,070

benefits them and alleviate suffering in

1052

00:46:20,200 --> 00:46:17,750

that like mediums need to know about

1053

00:46:22,120 --> 00:46:20,210

common things like you're not weird this

1054

00:46:25,810 --> 00:46:22,130

is how other mediums experience it and

1055

00:46:27,850 --> 00:46:25,820

you know there are there's no you know

1056

00:46:29,410 --> 00:46:27,860

the this idea there's physical

1057

00:46:32,470 --> 00:46:29,420

mediumship and there's and there's

1058

00:46:35,770 --> 00:46:32,480

mental mediumship but the state of

1059

00:46:38,050 --> 00:46:35,780

trance that happens is a continuum in

1060

00:46:41,020 --> 00:46:38,060

either of those kinds so to call someone

1061

00:46:43,260 --> 00:46:41,030

a trance medium that's not really an

1062

00:46:44,940 --> 00:46:43,270

accurate way to think about it because

1063

00:46:47,280 --> 00:46:44,950

different mediums at different times or

1064

00:46:49,380 --> 00:46:47,290

in different events are in various

1065

00:46:51,660 --> 00:46:49,390

stages of trance so there's a lot of

1066

00:46:53,880 --> 00:46:51,670

problems with language and so trying to

1067

00:46:56,730 --> 00:46:53,890

teach people like oh you may have heard

1068

00:46:59,700 --> 00:46:56,740

this you may have you know heard someone

1069

00:47:01,650 --> 00:46:59,710

say clairvoyant but it seems that the

1070

00:47:05,100 --> 00:47:01,660

mediumship process is actually a multi

1071

00:47:08,430 --> 00:47:05,110

modal situation where the medium see and

1072

00:47:12,210 --> 00:47:08,440

hear and feel smell and taste and so

1073

00:47:14,840 --> 00:47:12,220

people can we can just normalize all of

1074

00:47:17,520 --> 00:47:14,850

this stuff I think it's the sort of the

1075

00:47:19,980 --> 00:47:17,530

bottom line of anything is you know

1076

00:47:21,870 --> 00:47:19,990

here's what we know you know this a

1077

00:47:24,990 --> 00:47:21,880

hundred and twenty two mediums talked

1078

00:47:27,120 --> 00:47:25,000

about their their experiences during

1079

00:47:29,670 --> 00:47:27,130

psychic readings for the living and they

1080

00:47:33,570 --> 00:47:29,680

experienced dead people as part of that

1081

00:47:35,550 --> 00:47:33,580

experience so this idea of that dead

1082

00:47:37,140 --> 00:47:35,560

people are with mediumship and no dead

1083

00:47:39,870 --> 00:47:37,150

people are with psychic like no there

1084

00:47:43,020 --> 00:47:39,880

seems to be overlap and the way that we

1085

00:47:45,810 --> 00:47:43,030

use terminology to like delineate things

1086

00:47:48,090 --> 00:47:45,820

does not seem appropriate and we have to

1087

00:47:49,980 --> 00:47:48,100

you know at the end of the day all we

1088

00:47:52,320 --> 00:47:49,990

can do is ask people about their

1089

00:47:55,650 --> 00:47:52,330

experiences and then we have to study

1090

00:47:58,710 --> 00:47:55,660

that we have to take we have to realize

1091

00:48:02,010 --> 00:47:58,720

that the experience is important in and

1092

00:48:03,750 --> 00:48:02,020

of itself like I saw a family on TV the

1093

00:48:06,660 --> 00:48:03,760

other day and they had a child who he

1094

00:48:08,700 --> 00:48:06,670

was one of seven kids in the world who

1095

00:48:11,220 --> 00:48:08,710

had the specific disease that he had

1096

00:48:13,500 --> 00:48:11,230

that diseases were studying even if it

1097

00:48:15,840 --> 00:48:13,510

was one kid that diseases were studying

1098

00:48:17,910 --> 00:48:15,850

but this this idea of mediumship which

1099

00:48:21,109 --> 00:48:17,920

is a relatively common right like with

1100

00:48:24,359 --> 00:48:21,119

our limited email list and Facebook

1101

00:48:26,670 --> 00:48:24,369

following we were able to get 1,300

1102

00:48:28,500 --> 00:48:26,680

people to answer all these survey

1103

00:48:30,930 --> 00:48:28,510

questions and so there are a lot of

1104

00:48:33,420 --> 00:48:30,940

mediums in the world is what that and

1105

00:48:34,920 --> 00:48:33,430

especially we know you know these are us

1106

00:48:37,980 --> 00:48:34,930

mediums so there's a lot of meetings in

1107

00:48:40,470 --> 00:48:37,990

the country and that they should be

1108

00:48:42,510 --> 00:48:40,480

their experiences should be studied

1109

00:48:45,599 --> 00:48:42,520

because it's a really different

1110

00:48:48,690 --> 00:48:45,609

experience than our daily day-to-day

1111

00:48:51,290 --> 00:48:48,700

life that we have that most of us have

1112

00:48:56,540 --> 00:48:51,300

and so that it's an interesting

1113

00:48:59,370 --> 00:48:56,550

mechanism to study the the the

1114

00:49:01,200 --> 00:48:59,380

potential of human consciousness no it's

1115

00:49:02,630 --> 00:49:01,210

more than interesting it's more much

1116

00:49:07,710 --> 00:49:02,640

more than interesting it you make a

1117

00:49:09,810 --> 00:49:07,720

marvelous case right therefore I mean if

1118

00:49:10,890 --> 00:49:09,820

anyone stumbles across this and says oh

1119

00:49:15,060 --> 00:49:10,900

wow

1120

00:49:18,000 --> 00:49:15,070

research on mediums you know you just

1121

00:49:21,750 --> 00:49:18,010

kind of brought it into focus in such a

1122

00:49:24,270 --> 00:49:21,760

wonderful way in terms of how there's so

1123

00:49:26,280 --> 00:49:24,280

many just basic questions there that we

1124

00:49:28,470 --> 00:49:26,290

don't have the answer to we should have

1125

00:49:31,890 --> 00:49:28,480

the answer to everyone should care about

1126

00:49:34,050 --> 00:49:31,900

and it's just again amazing that our

1127

00:49:36,330 --> 00:49:34,060

broader scientific community isn't

1128

00:49:39,359 --> 00:49:36,340

interested in this but we have to be

1129

00:49:42,540 --> 00:49:39,369

glad that you and Mark are and that wind

1130

00:49:44,760 --> 00:49:42,550

bridge is so it's great to have you on

1131

00:49:46,890 --> 00:49:44,770

again and to talk about all this and I

1132

00:49:49,320 --> 00:49:46,900

hope people do follow up and check out

1133

00:49:51,660 --> 00:49:49,330

the site and follow your work because it

1134

00:49:56,070 --> 00:49:51,670

you've just made an awesome case of how

1135

00:49:57,810 --> 00:49:56,080

important it really is well thank you so

1136

00:49:59,730 --> 00:49:57,820

thanks for watching this video if it

1137

00:50:02,310 --> 00:49:59,740

wasn't really a video but just an audio

1138

00:50:03,870 --> 00:50:02,320

stored as a video well I apologize but

1139

00:50:05,820 --> 00:50:03,880

there's more videos out there as well

1140

00:50:07,650 --> 00:50:05,830

but please check out the skeptic Oh

1141

00:50:09,000 --> 00:50:07,660

website you can see it here we cover a

1142

00:50:11,849 --> 00:50:09,010

lot of different stuff you might be

1143

00:50:15,150 --> 00:50:11,859

interested in relating to controversial

1144

00:50:18,570 --> 00:50:15,160

science and spirituality a lot of shows

1145

00:50:21,570 --> 00:50:18,580

up there over 350 of them or so all free

1146

00:50:23,040 --> 00:50:21,580

all available for downloads so do check